

Project Linus

Providing Security Through Blankets

Madison, WI Chapter

Instructions for Making Infant Intensive Care Unit Blankets

These blankets are made for use at St. Mary's and Meriter Neonatal Intensive Care Units from two layers of soft cotton flannel without a batting layer. They are approximately 43 inches square. They are used to cover the infants' isolettes (to keep in warmth and filter the light) and can be tied into a sort of sling to cuddle the infants.

1. Purchase two $1 \frac{1}{4}$ yard lengths of soft, cotton flannel 44/45 inches wide. The two pieces may be matching, contrasting, or coordinating, but the fabric should be suitable for use with infants.
2. Measure the width of the fabric (from selvedge to selvedge). Cut the length of the fabric the same measurement as the width, so you have two identical squares of flannel.
3. Place the pieces of flannel right sides together.
4. Using a $\frac{1}{2}$ inch seam allowance, sew around the edges of the fabric, leaving an opening for turning the blanket right side out.
5. Trim the corners.
6. Turn the blanket right side out. Press. Press the seam allowances of the opening to the inside.
7. Top stitch about $\frac{1}{4}$ inch from the edges of the blanket.
8. Sew a large "X" across the diagonals of the completed blanket, to hold the flannel layers in place.

